



11TH INDERCOS

Geriatric Dermatology
and Cosmetology

International Dermatology and Cosmetology Congress

16 - 19 April 2026 | Radisson Blu Şişli Hotel - İstanbul, Türkiye

16 April 2026, Thursday

WORKSHOP PROGRAM

This comprehensive educational workshop is designed to provide participants with up-to-date theoretical knowledge and hands-on insights into modern aesthetic dermatology practices. The program brings together experienced experts to share evidence-based approaches, advanced injection techniques, and combination treatment strategies.

10:00-10:45 Layered Mesotherapy Techniques

Ozan Yıldırım

Dr. Dmae (TEDD PHARMA)

10:45-11:30 Calcium Hydroxyapatite Applications in Aesthetic Dermatology

Nazlı Caf

Novuma (NUREDERM)

11:30-11:45 Coffee Break

11:45-12:30 Full-Face Filler Treatment: Facial Analysis, Planning, and Injection Techniques

Mustafa Tümtürk

ARTFILLER (FILLMED)

12:30-13:15 PDLLA-Based Liquid Biostimulation Applications

Mustafa Tümtürk

Lenisna & Juvelook (FILLMED)

13:15-13:30 Coffee Break

13:30-14:15 Exosome-Based Regenerative Treatment Applications

Ozan Yıldırım

(Puresomes Exosome) ERDAĞI MEDİKAL

14:15-15:00 Botulinum Toxin Applications in Aesthetic Dermatology

Defne Özkoca

Dysport (GEN İLAÇ)

15:00-15:45 Full-Face Filler Treatment: Assessment, Planning, and Injection Strategy

Nazlı Caf

Juvederm (ALLERGAN AESTHETICS)

Program Highlights

- Evidence-based aesthetic treatment protocols
- Full-face assessment and holistic rejuvenation approaches
- Combination therapies and advanced injection techniques
- Practical tips for daily clinical practice