



# 4<sup>th</sup> INDERCOS

**Dermatology and Cosmetology Congress  
with International Participants**

**27 - 30 MARCH, 2019**

**HILTON ISTANBUL BOSPHORUS HOTEL  
ISTANBUL, TURKEY**

***Botanical and Dietary Anti-aging Approaches in Dermatology***



***Scientific Program***



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## Dermatology and Cosmetology Congress with International Participants

27 - 30 MARCH, 2019  
HILTON ISTANBUL BOSPHORUS HOTEL  
ISTANBUL, TURKEY



27 March 2019, Wednesday

Hall 1

08:30 - 08:45 Welcome speeches *Mustafa Atasoy, Ümit Türsen*

### Clinical Dermatology

#### 08:45 - 10:00 Psoriasis

*Chairs: Omid Zargari, Sibel Alper*

08:45 - 09:00 Psoriasis and hidradenitis suppurativa: What they have in common? *Omid Zargari*

09:00 - 09:15 Psoriatic plaque and atheroma plaque. Is it possible to kill two birds with one stone? *Omid Zargari*

09:15 - 09:30 Nail psoriasis: Whats new? *Sibel Alper*

09:30 - 09:45 Integrative approach to psoriasis vulgaris *Milanca Lijubenovic*

09:45 - 10:00 Psoriasis and comorbidities: Links and risks *Erkan Alpsoy*

#### 10:00 - 10:30 Coffee Break

#### 10:30 - 12:00 General Dermatology -1

*Chairs: Milos Nikolic, Berna Aksoy*

10:30 - 10:45 Hamartomas in dermatology *Berna Aksoy*

10:45 - 10:55 Phantom sign on skin *Aslı Tatlıparmak*

10:55 - 11:10 Doping related skin diseases *Gül Yıldırım*

11:10 - 11:20 Urocanic acid in the skin: A mixed blessing *Aslı Tatlıparmak*

11:20 - 11:35 Treatment of severe forms of alopecia areata in children and adolescents *Milos Nikolic*

11:35 - 11:50 Systemic lupus erythematosus in children and adolescents *Milos Nikolic*

11:50 - 12:00 The metabolic syndrome related skin diseases *Ayşe Serap Karadağ*

#### 12:00 - 13:30 Lunch



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Hall 1

### 13:30 - 15:00 Treatment In Dermatology

*Chairs: Mehmet Melikoğlu, Zoran Nedic*

13:30 - 13:45	Azelaic acid in dermatology	Işıl Bulur
13:45 - 14:00	BCG/PPD/IFN $\gamma$ release assay in dermatology	Mehmet Melikoğlu
14:00 - 14:15	SADBE/DCP in dermatology	Murat Durdu
14:15 - 14:30	Use of podophyllin (podophyllum resin) and podophyllotoxin in dermatology	Zoran Nedic
14:30 - 14:45	Sirolimus and skin	Nida Gelincik Kaçar
14:45 - 15:00	Lentigo maligna; What's new in the treatment?	Gudula Kirtschig

### 15:00 - 15:15 Coffee Break

### 15:15 - 17:00 General Dermatology -2

*Chairs: Gamze Erfan, Zeynep Topkarcı*

15:15 - 15:30	Skin manifestations of eating disorders and drug addictions	Zeynep Topkarcı
15:30 - 15:45	Technology related skin diseases	Gamze Erfan
15:45 - 16:00	Cutaneous findings in the elderly	Ayşe Ferzan Aytağ
16:00 - 16:15	Patterns of hyperhidrosis and dermatological approaches	Pelin Kuteyla Can
16:15 - 16:30	Gustatory skin problems	Pelin Kuteyla Can
16:30 - 16:45	Sexual abuse: How can we know?	Özalp Ekinci
16:45 - 17:00	Discussion	

### 17:00 - 17:35 Oral Presentation - 1

*Chairs: Mehmet Melikoğlu, Zeynep Topkarcı*

17:00 - 17:05	<b>OP-01</b> Skin diseases in rural Nyala, Sudan (in a rural hospital, in 12 orphanages and in 2 refugee camps)	Melike Kibar Öztürk
17:05 - 17:10	<b>OP-02</b> A rare variant of cicatricial pemphigoid: Brunsting-perry type	Yunus Özcan
17:10 - 17:15	<b>OP-03</b> Camellia sinensis, the tea plant, exerts anabolic effects on extracellular matrix components of skin	Erkin Pekmezci
17:15 - 17:20	<b>OP-04</b> Sweet's syndrome associated with brucellosis and uriner tract infection	Mehmet Melikoğlu
17:20 - 17:25	<b>OP-05</b> Evaluation of patch test results in patients with allergic contact dermatitis: a single-center retrospective study	Tayfun Batan
17:25 - 17:30	<b>OP-06</b> Extraction of essential oils of nigelle seed; application to the formulation an anti-inflammatory cream	Djedri Bani Safia
17:30 - 17:35	<b>OP-50</b> Regression of vitiligo lesions after DPCP treatment in alopecia areata	Mehmet Melikoğlu



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Hall 2

### Clinical Dermatology

#### 08:45 - 10:00 Pain and Dermatology

*Chairs: Pelin Üstüner, Nagihan Sahillioğlu*

08:45 - 09:00	Pain related skin diseases	<i>Bachar Memet</i>
09:00 - 09:15	Cephalalgia in alopecia	<i>Bachar Memet</i>
09:15 - 09:30	Paresthesia related skin diseases	<i>Pelin Üstüner</i>
09:30 - 09:45	Neurological itch management	<i>Pelin Üstüner</i>
09:45 - 10:00	Serotonin antagonists, anti-CGRP monoclonal antibodies, cannaboid agonist, opiate antagonists, $\alpha$ - adrenergic agonist and skin	<i>Nagihan Sahillioğlu</i>

#### 10:00 - 10:30 Coffee Break

#### 10:30 - 12:00 General Dermatology -3

*Chairs: Kenan Aydoğan, Ivana Binic*

10:30 - 10:45	Natural sunlight therapy in dermatology	<i>Kenan Aydoğan</i>
10:45 - 11:00	Colchicine, dapson/sulphapyridine for skin diseases	<i>Fatma Aslı Hapa</i>
11:00 - 11:15	Guidelines for the management of vulvodynia	<i>Gudula Kirtschig</i>
11:15 - 11:30	Lichen planus of the mucosae: Symptoms, diagnosis, therapeutic procedures	<i>Gudula Kirtschig</i>
11:30 - 11:45	Hormon replacement therapy in therapy of aging skin	<i>Ivana Binic</i>
11:45 - 12:00	Dermoscopy : What's new?	<i>Mustafa Turhan Şahin</i>

#### 12:00 - 13:30 Lunch



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Hall 2

### 13:30 - 15:00 What's New In Dermatology ?

**Chairs: Emel Bülbül Başkan, Hok Bing Thio**

13:30 - 13:45	Wnt modulation in dermatology	Emel Bülbül Başkan
13:45 - 14:00	DNA methylation in dermatology	Aslı Tatlıpırmak
14:00 - 14:15	Ion channels in dermatology	Özgür Gündüz
14:15 - 14:30	Nanotechnology in dermatology	Özgür Gündüz
14:30 - 14:45	Immunosenescence in ageing	Hok Bing Thio
14:45 - 15:00	Microencapsulation technology in dermatology	Eda Tiftikçi

### 15:00 - 15:15 Coffee Break

### 15:15 - 17:00 Allergy and Immunology

**Chairs: Valentina Broshtilova, Rafet Koca**

15:15 - 15:25	Acetylcholine related skin diseases	Erdiñ Terzi
15:25 - 15:35	Adrenaline noradrenaline related skin diseases	Erdiñ Terzi
15:35 - 15:50	Exercises-induced skin diseases	Gül Yıldırım
15:50 - 16:05	Herbal drug interactions and new horizons in dermatology	Ahmet Metin
16:05 - 16:20	Botanical dermatology: Plants and plant products injurious to the skin	Rafet Koca
16:20 - 16:35	Leukotriene receptor antagonists in the treatment of skin diseases	Valentina Broshtilova
16:35 - 16:50	Emergency IVIG management in dermatology	Hilal Gökalp
16:50 - 17:00	Discussion	

### 17:00 - 17:30 Oral Presentation - 2

**Chairs: Özgür Gündüz, Erdiñ Terzi**

17:00 - 17:05	<b>OP-07</b> Picosure laser in the treatment of diiffrent skin disorders	Mohammed Abdul Qader Al Malmi
17:10 - 17:15	<b>OP-09</b> Assessment of quality of life, depression and anxiety levels of patients with mycosis fungoides and comparison with healthy controls	Ayşegül Sevim Keçici
17:15 - 17:20	<b>OP-10</b> Evaluation of psychosocial effects of long-term genital HPV infection	Nermin Karaosmanoğlu
17:20 - 17:25	<b>OP-11</b> combined intense pulsed light and long-pulsed 1064-nm nd: YAG laser for the treatment of nevus flammeus	Leyla Baykal Selcuk
17:25 - 17:30	Discussion	



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### 08:00 - 08:30 Oral Presentation-3

*Chairs: Emin Özlü, Ömer Faruk Elmas*

- 08:00 - 08:05 **OP-13** Dermatological side effects of targeted antineoplastic drugs: Prospective study *Şenay Ağırgöl*
- 08:05 - 08:10 **OP-14** How I use sport products in dermatologic surgery *Patricia Liana Cristodor*
- 08:10 - 08:15 **OP-15** Comparing the efficacy of metronidazole 1% gel versus low-dose oral isotretinoin in the treatment of moderate to severe seborrheic dermatitis *Mohamad Goldust*
- 08:15 - 08:20 **OP-16** Dermatofibrosarcoma protuberans: clinical and histopathological features of 9 cases *Asude Kara Polat*
- 08:20 - 08:25 **OP-17** Long-term efficacy and safety of infliximab for psoriasis: Twelve-year experience in a single tertiary center *Armağan Kutlay*
- 08:25 - 08:30 Discussion

### 08:30 - 10:00 Psychodermatology

*Chairs: İlnur Kivanç Altunay, Katlein Franca*

- 08:30 - 08:45 Steroid phobia: What can we do? *Hilal Kaya Erdoğan*
- 08:45 - 09:00 Somatoform disorders and treatment options in dermatology (Biofeedback, hypnosis, psychotherapy in dermatology) *Banu Ertekin Taşkın*
- 09:00 - 09:15 The impact of psychosocial stress on healthy skin *Berna Aksoy*
- 09:15 - 09:30 Dysmorphic disorders and Munchausen syndrome in dermatology *İlnur Kivanç Altunay*
- 09:30 - 09:45 Post-finasteride syndrome: What to tell our patients? *Katlein Franca*
- 09:45 - 10:00 Psychobiology for the beginners: Selected concepts for the dermatologists *Torello Lotti*

### 10:00 - 10:15 Coffee Break


### 10:15 - 11:00 Rational Use Of Medicines (Akılcı İlaç Oturumu)

*Chairs: Gülden Ersöz, Torello Lotti*

- 10:15 - 10:30 Staphylococcus aureus eradication therapies *Gülden Ersöz*
- 10:30 - 10:45 Autoimplantation therapy for skin diseases *Emin Özlü*
- 10:45 - 11:00 Sun protection in Integrative Dermatology - from cosmetic purposes to skin cancer prevention *Alexandra Vojvodic*

### 11:00 - 11:45 Satellite Symposium

*Chair: Kemal Özyurt*

-  America experiences of tazaroten, expected retinoid used for the treatment of acne and psoriasis *Leon Kırıcık*

### 11:45 - 12:00 Break



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Hall 1

### 12:00 - 13:30 Pruritus in All Aspects: Interactive and Integrated Session

<b>Chairs: Marcus Maurer, Sinan Canan</b>		
12:00 - 12:15	Itch in chronic urticaria and recurrent angioedema – prevalence, relevance and how to treat	Marcus Maurer
12:15 - 12:30	Chronic pruritus – pathomechanisms, mediators, cells and neurophysiology	Sinan Canan
12:30 - 12:45	Chronic pruritus – definition, classification, assessment, impact	Martin Metz
12:45 - 13:00	Itch in psoriasis, atopic dermatitis, and Beyond – what to know and how to treat?	Tomasz Hawro
13:00 - 13:15	Chronic pruritus due to extracutaneous causes - gastrointestinal, endocrine, nephrology, hematology/oncology and treatment	Ragıp Ertaş
13:15 - 13:30	Current and future treatments for pruritus – targets and compounds	Zekai Halıcı

### 13:30 - 14:15 Lunch

### 14:15 - 15:45 Essential Knowledge About Psoriasis Management Besides Prescribing Some Creams or Drugs

<b>Chairs: Mustafa Atasoy, Kemal Özyurt</b>		
14:15 - 14:30	Psoriasis registries	Kemal Özyurt
14:30 - 14:45	Comorbidities and quality of life of psoriatic disease	Leon Kırıcık
14:45 - 15:00	Essential laboratory procedures and consultations before and during treatment of psoriasis	Ömer Faruk Elmas
15:00 - 15:15	Latent tuberculosis, diagnosis and management	Tülin Çağatay
15:15 - 15:30	Long term safety profiles of systemic therapies in psoriasis	Zafer Türkoğlu
15:30 - 15:45	Economical and social burden of psoriasis	Tomasz Hawro

### 15:45 - 16:30 Satellite Symposium

<b>FARMANOVA</b>		
Comprehensive and Innovative Treatment Approach in Psoriasis		
New Target in Psoriasis: IL-17A Inhibition and Secukinumab		
Real Life Experience with Secukinumab		
		Kemal Özyurt
		Bengü Gerçeker Türk
		Kemal Özyurt

### 16:30 - 16:45 Coffee Break

### 16:45 - 18:30 Dermato - Surgery

<b>Chairs: Amor Khachemoune, Pelin Koçyiğit</b>		
16:45 - 17:00	Injection phobia: What can we do in aesthetic dermatology?	Ömer Faruk Elmas
17:00 - 17:15	Medical gloves for dermatologists	Ömer Faruk Elmas
17:15 - 17:30	Topical anesthetics, nerve blocks and anesthesia of oral mucosa in aesthetic dermatology	Tuğrul Dereli
17:30 - 17:45	Surgical myths in dermatology	Amor Khachemoune
17:45 - 18:00	Nail biopsy: Indications and methods	Pelin Koçyiğit
18:00 - 18:15	Surgical approaches of nail unit tumours	Fatih Göktay
18:15 - 18:30	Punch and shave excisions in dermatology	Necmettin Akdeniz



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Hall 1

18:30 - 19:00 Oral Presentation - 5

*Chairs: Ömer Faruk Elmas, Necmettin Akdeniz*

- |               |  |                         |
|---------------|--|-------------------------|
| 18:30 - 18:35 | <b>OP-24</b> A brief report about treatment compliance in patients with psoriasis according to three-year data of PSORTAKSIS   | <i>Kemal Özyurt</i>     |
| 18:35 - 18:40 | <b>OP-25</b> Investigation of latent tuberculosis infection before TNF inhibitors treatment in patients with psoriasis: Significance of clinical properties, QuantiFERON-TB gold in-tube test and tuberculin skin test | <i>Kemal Özyurt</i>     |
| 18:40 - 18:45 | <b>OP-26</b> Onychoscopy in the diagnosis of the distal subungual onychomycosis and traumatic onycholysis  | <i>Ömer Faruk Elmas</i> |
| 18:45 - 18:50 | <b>OP-27</b> The role of borrelia burgdorferi in the etiology of localized scleroderma (morphea)   | <i>Baran Cayhan</i>     |
| 18:50 - 18:55 | <b>OP-28</b> Vitiligo camouflage: Emerging trend in dermatology  | <i>Aditya Favade</i>    |
| 18:55 - 19:00 | Discussion   |                         |





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Hall 2

### 08:00 - 08:30 Oral Presentation - 4

*Chairs: Alev Babuş, Hilal Gökalp*

- 08:00 - 08:05 **OP-19** The efficacy of adding low-level light therapy to minoxidil 5% solution in the treatment of androgenetic alopecia *Mohamad Goldust*
- 08:05 - 08:10 **OP-20** Treatment of angiokeratoma of fordyce with long-pulse neodymium-doped yttrium aluminium garnet laser *Neslihan Fişek Izci*
- 08:10 - 08:15 **OP-21** Clinical and demographic characteristics of pediatric morphea: a study of 37 cases *Sertaç Şener*
- 08:15 - 08:20 **OP-22** Leukocytoclastic vasculitis: A retrospective analysis of 57 patients *Nermin Karaosmanoğlu*
- 08:20 - 08:25 **OP-23** Accuracy rates of initial diagnosis of eleven patients with milker's nodule after religious sacrifice feast *Ecem Zeliha Ergün*
- 08:25 - 08:30 Discussion

### 08:30 - 10:00 Aesthetic Dermatology -1

*Chairs: Ivana Binic, Hilal Gökalp*

- 08:30 - 08:45 Morphological and ethnic differences between men and women for aesthetic procedures *Alev Bobuş*
- 08:45 - 09:00 Guidelines of chemical peel *Ivana Binic*
- 09:00 - 09:15 Aesthetic dermatology in connective tissue diseases *Hilal Gökalp*
- 09:15 - 09:30 Hair loss in elderly women *Tuğba Özkök Akbulut*
- 09:30 - 09:45 Estradiol/progesteron related skin diseases *Filiz Topaloğlu Demir*
- 09:45 - 10:00 Discussion

### 10:00 - 10:30 Coffee Break

### 10:30 - 12:00 General Dermatology -4

*Chairs: Emel Fetil, Valentina Broshtilova*

- 10:30 - 10:45 Silver, glizigen and glutathione treatment in dermatology *Yeşim Akpınar Kara*
- 10:45 - 11:00 Salicylic acid in dermatology *Emel Fetil*
- 11:00 - 11:15 Polyamine metabolism changes in dermatology *Valentina Broshtilova*
- 11:15 - 11:30 Possibilities and prospects for acupuncture in dermatology *Valentina Broshtilova*
- 11:30 - 12:00 Discussion

### 12:00 - 13:30 Integrative Dermatology

*Chairs: Katlein Franca, Torello Lotti*

- 12:00 - 12:15 Ayurveda, cupping, moxibustion, hirudotherapy for skin diseases *Habibullah Aktaş*
- 12:15 - 12:30 Probiotics and the skin *Katlein Franca*
- 12:30 - 12:45 Herbal oils in dermatology *Ayşin Köktürk*
- 12:45 - 13:00 Natural weapons and strategies for melasma *Milanka Ljubenicovic*
- 13:00 - 13:15 Antiviral herbs (echinacea etc) botanical protection against viruses *Ahmet Metin*
- 13:15 - 13:30 Is avoiding sun as dangerous as smoking? *Sedat Akdeniz*



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Hall 2

13:30 - 14:15 Lunch

14:15 - 16:00 Botulinum Toxins in Dermatology

*Chairs: Zekai Kutlubay, Andreas Katsambas*

14:15 - 14:30	Botulinum toxin treatment concepts	Zekai Kutlubay
14:30 - 14:45	Body contouring with botulinum toxins	Filiz Kuşak
14:45 - 15:00	Botulinum toxins for facial palsy/asymmetric smile	Filiz Kuşak
15:00 - 15:15	Botulinum toxins: As a pain killer- anti-aging properties-topical botulinum toxins	Hüray Hügül
15:15 - 15:30	Combination therapy of botulinum toxin with other nonsurgical procedures	Hüray Hügül
15:30 - 15:45	Botulinum toxin-a: Mid and lower face, what's new?	Andreas Katsambas
15:45 - 16:00	Discussion	

16:00 - 16:30 Coffee Break

16:30 - 18:30 Aesthetic Dermatology -2

*Chairs: Pertevniyal Bodamyali, Assel Markabayeva*

16:30 - 16:45	Combination therapy of PRP with other nonsurgical procedures in dermatology	Zahide Eriş
16:45 - 17:00	Combination therapies in aesthetic dermatology how long should we wait?	Recep Dursun
17:00 - 17:15	Same day combination therapies in aesthetic dermatology	Recep Dursun
17:15 - 17:30	Herbal stem cells for anti-aging	Özgür Timurkaynak
17:30 - 17:45	Stromal cells for the face rejuvenation	Assel Markabayeva
17:45 - 18:00	Secrets of fillers	Pertevniyal Bodamyali
18:00 - 18:15	How to combine injectables with EBDS	Ines Verner
18:15 - 18:30	Skin care and ageing - the 3R concept	Victor Clatici

18:30 - 18:45 Oral Presentation - 6

*Chairs: Zahide Eriş, Pertevniyal Bodamyali*

18:30 - 18:35	<b>OP-29</b> A case of recalcitrant linear IgA dermatosis: Successfully treated with rituximab	Zeynep Gizem Kaya İslamoğlu
18:35 - 18:40	<b>OP-30</b> Efficacy and safety of secukinumab in the treatment of moderate-severe psoriasis in our clinic	Zeynep Gizem Kaya İslamoğlu
18:40 - 18:45	<b>OP-31</b> Secukinumab therapy for palmoplantar pustulosis	Meltem Türkmen



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Hall 1

### 08:00 - 08:30 Oral Presentation - 7

*Chairs: Ömer Kutlu, Tuğba Kevser Üstünbaş*

- 08:00 - 08:05 **OP-32** Is really association lichen planus and hepatitis-C? *Fatma Tunçez Akyürek*
- 08:05 - 08:10 **OP-33** Image recording with handheld dermatoscope without adapter and improving the quality of recorded image by mobile photo editor application *Erhan Ayhan*
- 08:10 - 08:15 **OP-35** A case of acquired scrotal lymphangioma circumscriptum *Gökhan Çeker*
- 08:15 - 08:20 **OP-36** Surprising evolution in the treatment of a hypertrophic scar *Iustin Hancu*
- 08:20 - 08:25 **OP-38** A case of inverse klippel-trenaunay syndrome with no mutation in PIK3CA gene *Sezin Fıçıcıoğlu*
- 08:25 - 08:30 Discussion

### 08:30 - 10:15 Aesthetic Dermatology - 3

*Chairs: Assel Markabayeva, Kansu Büyükaşar*

- 08:30 - 08:45 Skin complications of injectable agents *Tuğba Kevser Üstünbaş*
- 08:45 - 09:00 Telomerase activators for antiaging *Kansu Büyükaşar*
- 09:00 - 09:15 New tattoo approaches in dermatology *Zehra Aşiran Serdar*
- 09:15 - 09:30 Ultratherapy for skin ageing *Gaye Sarıkan*
- 09:30 - 09:45 Hyperbaric oxygen therapy in dermatology *Burhan Engin*
- 09:45 - 10:00 Hair transplantation in dermatology *Assel Markabayeva*
- 10:00 - 10:15 Assessment of intralesional injection of botulinum toxin for hypertrophic scars *Hasan Mete Aksoy*

### 10:15 - 10:30 Coffee Break

### 10:30 - 12:00 Sebaceous Gland Diseases And Hormones In Dermatology

*Chairs: Bodo Melnik, Ivana Binic*

- 10:30 - 10:45 The role of metabolomics in the pathogenesis of hidradenitis suppurativa *Bodo Melnik*
- 10:45 - 11:00 Acne nutrigenomics *Bodo Melnik*
- 11:00 - 11:15 Oily skin: What can we do? *Aslı Kaptanoğlu*
- 11:15 - 11:30 Propionibacterium in dermatology *Emin Özlü*
- 11:30 - 11:45 Oral contraceptives in dermatology *Burçe Can Kuru*
- 11:45 - 12:00 Testosterone and dihydrotestosterone in the pathogenesis of skin diseases *Züleyha Özgen*

### 12:00 - 13:30 Lunch



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Hall 1

**13:30 - 15:15 Escad / Indercos - 1**

*Chairs: Andreas Katsambas, Ines Verner*

13:30 - 13:45	Pharmacological profile of botulinum toxins	<i>Kansu Büyükaşar</i>
13:45 - 14:00	8 Points lift with fillers	<i>Andreas Katsambas</i>
14:00 - 14:15	Skin tightening & rejuvenation - what's new?	<i>Ines Verner</i>
14:15 - 14:30	Long pulse NdYag lasers in aesthetic dermatology	<i>Tamer İrfan Kaya</i>
14:30 - 14:45	Holistic approach to antiaging	<i>Aylin Kuyumcuoğlu</i>
14:45 - 15:00	"Small Molecule Wnt Pathway Modulator (SM04554) - Potential Topical Treatment for Androgenetic Alopecia"	<i>İsmail Şimşek</i>
15:00 - 15:15	Discussion	

**15:15 - 15:45 Coffee Break**

**15:45 - 18:00 Escad / Indercos - 2**

*Chairs: Andreas Katsambas, Ines Verner*

15:45 - 16:00	Nasal filler augmentation: Technical consideration and complications	<i>Tilemachos Anthopoulos</i>
16:00 - 16:15	Combination therapies of injectable fillers for facial soft tissue enhancement with other nonsurgical procedures	<i>Pertevniyal Bodamyalı</i>
16:15 - 16:30	Adipose tissue stem cells and anti-ageing	<i>John Katsantonis</i>
16:30 - 16:45	Pulsed dye laser in aesthetic dermatology	<i>Yasemin Oram</i>
16:45 - 17:00	Full ablative resurfacing: Pros and cons	<i>Konstantin Neamonitos</i>
17:00 - 17:15	Q switched lasers in dermatology	<i>Belma Türsen</i>
17:15 - 17:30	Hair growth stimulation by EBDS	<i>Ines Verner</i>
17:30 - 17:45	FDA approved cosmetical procedures (botulinum toxins, fillers, laser etc)	<i>Ömür Tekeli</i>
17:45 - 18:00	Butterfly Effect and Ageing - where is the link?	<i>Victor Clatici</i>



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Hall 2

### 08:00 - 08:30 Oral Presentation - 8

*Chairs: Göknur Kalkan, Zennure Takcı*

- 08:00 - 08:05 **OP-39** "Clinical phenotype, disease severity and trigger factors of patients with rosacea in southeastern of Turkey" *Semahat Alp Erdal*
- 08:05 - 08:10 **OP-40** Linear atrophoderma of moulin: A case report *Betül Macit*
- 08:10 - 08:15 **OP-42** Comparison of changes in serum IgE levels before and after omalizumab treatment of 127 patients with chronic spontaneous urticaria *Mehmet Demirel*
- 08:15 - 08:20 **OP-43** Dermoscopy for the diagnosis of bowenoid papulosis *Yıldız Gürsel Ürün*
- 08:20 - 08:25 **OP-44** Intralesional tranexamic acid in treatment of telangiectasia: Reversible effect and resistance to therapy *Erhan Ayhan*
- 08:25 - 08:30 Discussion

### 08:30 - 10:00 Diet And Aesthetic Dermatology - 4

*Chairs: Yasemin Oram, Ekrem Civaş*

- 08:30 - 08:45 Acne, psoriasis, autoimmune bullous diseases, skin cancers, systemic medication and diet, gluten in dermatology *İlkin Zındancı*
- 08:45 - 09:00 Biotin, folic acid, and coenzyme Q for skin health *Göknur Kalkan*
- 09:00 - 09:15 Vitamin A/B/C/D in dermatology *Zennure Takcı*
- 09:15 - 09:30 Rejuvenation of skin with lasers *Yasemin Oram*
- 09:30 - 09:45 Laser treatment for vascular lesions *Ekrem Civaş*
- 09:45 - 10:00 Complementary medicine for skin cancers *Ömer Kutlu*

### 10:00 - 10:30 Coffee Break

### 10:30 - 12:00 Investigative Dermatology

*Chairs: Hok Bing Thio, Özgür Timurkaynak*

- 10:30 - 10:45 Basic sciences for the clinician; (Epi)genetics *Hok Bing Thio*
- 10:45 - 11:00 Microbiota, immune system and skin *Hok Bing Thio*
- 11:00 - 11:15 Immunotherapy cancer and skin *Hok Bing Thio*
- 11:15 - 11:30 Stem cell modulation in dermatology *Özgür Timurkaynak*
- 11:30 - 11:45 Circadian rhythm and skin diseases *Berna Aksoy*
- 11:45 - 12:00 Autophagy in dermatology *Devrim Gözüaçık*

### 12:00 - 13:30 Lunch

### 13:30 - 16:00 Meet the Expert *(Presentation of this session will be in Turkish)*

- 13:30 - 14:00 LeShape: Hyperthermic laser lypolysis **SICAK LAZER LİPOLİZ** *Ulaş Güvenç*
- 14:10 - 14:40 Botulinum toxin pen juvapen **mezoklinik** *Ali Şahan*
- 14:50 - 15:20 Candela elos plus optic energy and radiofrecuenc association: What give us? **SYNERON CANDELA** *Ulaş Güvenç*
- 15:30 - 16:00 Agassi non-surgical cheek slimming and tightening method **ESTETİK TREND** *Ali Şahan*
- 15:30 - 16:00 Dynamic face lifting with spring thread **EKSONFARMA SAĞLIK ÜRÜNLERİ** *Naci Çelik*



# 4<sup>th</sup> INDERCOS

Dermatology and Cosmetology Congress  
with International Participants

27 - 30 MARCH, 2019  
HILTON ISTANBUL BOSPHORUS HOTEL  
ISTANBUL, TURKEY



30 March 2019, Saturday

Hall 1

08:00 - 08:30 Oral Presentation - 9

*Chairs: Deniz Demirseren, Aylin Türel Ermertcan*

- 08:00 - 08:05 **OP-45** Foveal thinning in patients with recurrent aphthous ulcer *Betül Şerefliçan*  
08:05 - 08:10 **OP-46** Dermoscopic profile of pigmented purpuric dermatosis: New observations *Ömer Faruk Elmas*  
08:10 - 08:15 **OP-47** Giant cell tumor of the tendon sheath: A clinicopathologic study of 31 cases *Ömer Faruk Elmas*  
08:15 - 08:20 **OP-48** Stop sweating and start living *K Prem Anand*  
08:20 - 08:30 Discussion

08:30 - 10:00 STD, Sexual Disorders and Forensic Medicine in Dermatology

*Chairs: Mihael Skerlev, Soner Uzun*

- 08:30 - 08:45 Sexual function disorders in dermatology *Aylin Türel Ermertcan*  
08:45 - 09:00 Skin manifestations in forensic medicine and sexual abuse *Hakan Kar*  
09:00 - 09:15 STDs related to orosexual contact *Soner Uzun*  
09:15 - 09:30 The importance of prophylaxis and partner treatments for STDs *Mihael Skerlev*  
09:30 - 09:45 Surgical and non-surgical managements of women's sexual dysfunctions *Ayten Olgun*  
09:45 - 10:00 Discussion

10:00 - 10:15 Coffee Break

10:15 - 12:30 What's New? -2

*Chairs: Mustafa Tunca, Amor Khachemoune*

- 10:15 - 10:30 Vibration and nitrous oxide anesthesia in cosmetic procedures, sympathectomy in dermatology *Mustafa Tunca*  
10:30 - 10:45 Topical anti-cholinergics and anti-androgens in dermatology *Betül Şerefliçan*  
10:45 - 11:00 Amputee problems in dermatology *Ercan Arca*  
11:00 - 11:15 Egg, nuts and milk in dermatology *Deniz Demirseren*  
11:15 - 11:30 PDL1, BTK/ITK and proteosome pathways for skin diseases *Ezgi Erdal*  
11:30 - 11:45 Honey and propolis in dermatology *Amor Khachemoune*  
11:45 - 12:00 Camellia sinensis, flavonoids and tea tree oil in dermatology *Ufuk Kavuzlu*  
12:00 - 12:15 Secondary skin manifestations after internal surgery (bariatric surgery, mastectomy) *Cahit Yavuz*

12:15 - 12:30 Closing Speech and Lecture

*Chairs : Ümit Türsen, Aleksandra Vojvodic, Belma Türsen, Torello Lotti*

An unexpected multimedia lecture between myth, science and beauty *Torello Lotti*



# 4<sup>th</sup> INDERCOS

## Dermatology and Cosmetology Congress with International Participants

27 - 30 MARCH, 2019  
HILTON ISTANBUL BOSPHORUS HOTEL  
ISTANBUL, TURKEY



30 March 2019, Saturday

Hall 2

**08:05 - 08:30 Oral Presentation - 10**

*Chairs: Gaye Sarıkan, Sadiye Kuş*

08:05 - 08:10	<b>OP-08</b> Vitamin D levels and its impact on the quality of life in patients with chronic spontaneous urticaria	<i>Ragıp Ertaş</i>
08:10 - 08:15	<b>OP-50</b> Oral ofacitinib in the treatment of alopecia areata: A single-centre experience of 4 cases	<i>Begüm Ünlü</i>
08:15 - 08:20	<b>OP-51</b> Use of pilates mats in dermal filler injection training	<i>Begüm Ünlü</i>
08:20 - 08:25	<b>OP-53</b> The effectiveness of two original liquid crystal formulation with retinol in randomized parallel control trial	<i>Malwina Zasada</i>
08:25 - 08:30	Discussion	

**08:30 - 10:00 Aesthetic Dermatology - 5**

*Chairs: Sadiye Kuş, Gaye Sarıkan*

08:30 - 08:45	The life cycles and biological end pathways of dermal fillers	<i>Dilek Başaran</i>
08:45 - 09:00	Treatment of cellulit	<i>Eneida Kote</i>
09:00 - 09:15	Is there a right way for treating temporal region with fillers?	<i>Sadiye Kuş</i>
09:15 - 09:30	The perioral beautification	<i>Gaye Sarıkan</i>
09:30 - 09:45	IPL in treatment of facial erythema	<i>Zeynep Demirçay</i>
09:45 - 10:00	Turkey's contribution to the dermatology literature	<i>Emel Çalkoğlu</i>

**10:00 - 10:15 Coffee Break**

**10:15 - 12:15 Dermatological Surgery -2**

*Chairs: Konstantin Neamonitos, Ines Verner*

10:15 - 10:30	Blepharoplasty techniques & combination treatments	<i>Konstantin Neamonitos</i>
10:30 - 10:45	Persistent adverse side effects of ha fillers	<i>John Katsantonis</i>
10:45 - 11:00	Aesthetic ear reconstruction for dermatologist	<i>Hasan Mete Aksoy</i>
11:00 - 11:15	Cosmetical camouflage in dermatology	<i>Serap Öztürkcan</i>
11:15 - 11:30	Truths and myths about injectable threads	<i>Tilemachos Anthopoulos</i>
11:30 - 11:45	Ablative fractional Rf -better than lasers? Current & future indications	<i>Ines Verner</i>
11:45 - 12:00	Cosmetical procedures for children	<i>Zennure Takcı</i>
12:00 - 12:15	Lipofilling in periorbital area	<i>Assel Markabayeva</i>

**Organization Secretariat**



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